"Direct eye contact with a whale moves something within your soul. It changes you, and a part of you is left with them." - Cassie Jensen

Additional information from Cassie: It is important to note that not every swim is the same, just as not every whale will behave the same, and they can quickly change their behavior in the water. We are never guaranteed a visit from these beautiful souls - whales are wild and not always within range. Though, we do try our best to see them on these trips. In Tonga there are strict regulations when interacting with Humpback whales, both for the safety and well-being of the whales, as well as the humans. We do not want to negatively influence them or disrupt their natural behavior, so we constantly monitor the situation and always have a licensed guide in the water with us, as well as having an extremely knowledgeable Captain. Having communication both on the boat and in the water is so important! We have to work together in order to have successful encounters and ultimately make sure the whales are respected and happy.

Regulations & Guidelines for ensuring magical Humpback whale adventures in Tonga:
- Patience & respect for the wildlife above all else
- We don’t swim with every whale we see (all scenarios are closely monitored)
- Stay at least 5m (16.4 ft) from the whales
- If a whale is getting too close, create distance (swim backward/away)
- Typically no diving down (especially with a mother and her baby)
- Never chase the whales
- Absolutely no touching the wildlife/whales